



Date		Event	
Pilot			
Aircraft		Registration	

FROM	ICAO:	RWY	ATIS	APP	TWR
Wx				QNH	

TO	ICAO:	RWY	ATIS	APP	TWR
Wx				QFE	

FUEL	START		END	
FLIGHT	BRAKES OFF		BRAKES ON	

WAYPOINTS					
NAME	DISTANCE	HEADING	TIME	ETA	ATA

Preparation

- 1) Flight plan.
- 2) Chart
- 3) Plog Form
- 4) Two pencils
- 5) A watch
- 6) Radio Frequencies
- 7) Weather
- 8) Controlled Airspace
- 9) Danger Prohibited & Rstricted Areas.

Aerodromes

Departure & Arrival

- 1) Obtain ICAO chart
- Obtain IFR Plates if needed
- 2) Runway in use.
- 3) Taxiways and holds.
- 4) Circuit height and direction.
- 5) Visual Reporting points
- 6) Type of join to expect

Pre-Flight Checks

Before Engine start:

- 1) Check hardware control functions
- 2) Check Fuel - sufficient?
- 3) Set Parking Brake ON

After Engine Start

- 1) Check parking brake still ON.
- 2) Set radio frequencies
- 3) Set Transponder
- 4) On entering runway, switch on Mode C

Connect

- 1) VATSIM
- 2) Teamspeak
- 3 Check Departure ATIS
- 4) Check ATIS *Departure & Arrival*
- 5) Check Weather (V *Departure & Arrival*)
- 6) Enter ATIS & Wx info on PLOG



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